# **Common Questions About Garlic**

# SPRINGTIME ANSWERS SOME OF THE MOST COMMONLY ASKED QUESTIONS ABOUT GARLIC.

# How garlic works as a bug repellent:

"It would seem that the powerful compounds such as allicin which garlic releases are inimical to mosquitoes. They have therefore evolved to avoid garlic. Another possibility is that the strong smell of garlic overwhelms the mosquito's sense of smell and prevents them from finding the prey. Whatever the mechanism, garlic's ability to repel a variety of pests has been proven scientifically." (Mendham, Trevor. "A Natural Mosquito Repellent: Garlic for Mosquito Control." Garlic Central. 2003-2005.)

# Garlic safety:

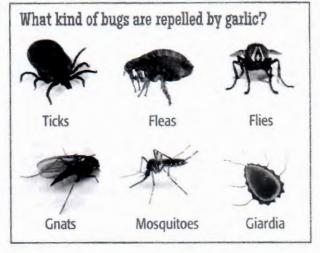
Springtime has sold literally tons of garlic a year for over 20 years, and in that time, we have talked to plenty of customers concerning garlic's efficacy, health benefits, and safety for both dogs and horses. There is a lot of misunderstanding about garlic, and most of the confusion stems from a single study in Japan where four dogs were force-fed extremely large amounts of raw garlic. Garlic preparations vary in chemistry, and the air-dried garlic we use contains very little of the oxidative component that may cause problems if used in excess, so it is gentle and absolutely safe for everyday, year-round use. We feel you may feed our garlic with complete confidence.

#### Garlic for pregnant, nursing, and newborn animals:

Many of garlic's nutritional and protective properties are passed on from the mother to the baby during gestation. The customers who have had the best experiences with nursing animals and garlic have introduced it very slowly, taking at least 10 days to ensure acceptance. Foals or puppies can be fed garlic as soon as they are weaned. Many breeders report great results with this.

#### Increasing garlic with the change of seasons:

Customers report best results when they feed **Bug Off Garlic** year-round, and double or triple the dosage in the spring and the fall. Most people are aware that spring can be very buggy, but it's less well known that fall is a concern, too. Insects like ticks surge in the fall, desperately looking for a last blood meal to survive the winter. We recommend feeding **Bug Off Garlic** daily, year-round, because it can be challenging to re-introduce **Bug Off Garlic** after a hiatus, particularly with picky animals.



# Garlic for animals other than dogs and horses:

Our customers have used garlic successfully on miniature horses, donkeys, goats, sheep, rabbits, alpacas, llamas, deer, and cats as well as many other farm animals. You can calculate the correct dose by body weight according to the dog recommendations for smaller animals or the horse recommendations for the larger animals.

#### Garlic as a dewormer or heartworm preventative:

Although **Bug Off Garlic** is helpful in reducing both internal and external parasites, you may wish to consult your practitioner for these issues. For a list of holistic veterinarians in your area, you can visit the American Holistic Veterinary Medical Association online (http://www.ahvma.org/).

# Garlic for picky or finicky eaters:

For dogs, starting off slowly is key. In addition, adding a tasty treat, such as a little peanut butter, liverwurst, cottage cheese, yogurt or canned dog food, is also helpful.For horses, start off VERY slowly, sprinkling a teaspoon or less on the feed (using a spray bottle filled with water if necessary) and sprinkling the garlic around the feed area on the ground. When the horse begins to accept the aroma of the feed, it is safe to increase the dosage slowly.

# Garlic granules with dry food:

Customers who feed grain, pelleted feed, or kibble have developed various strategies to prevent garlic granules from falling to the bottom of the bucket or bowl. For horses, customers have often reported using a spray bottle filled with water to lightly coat the feed before sprinkling the garlic on with great success. For dogs, mixing the granules with a little bit of a favorite canned dog food or a wet treat, such as plain yogurt, liverwurst, or peanut butter, often helps. DO

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